



Data Brief

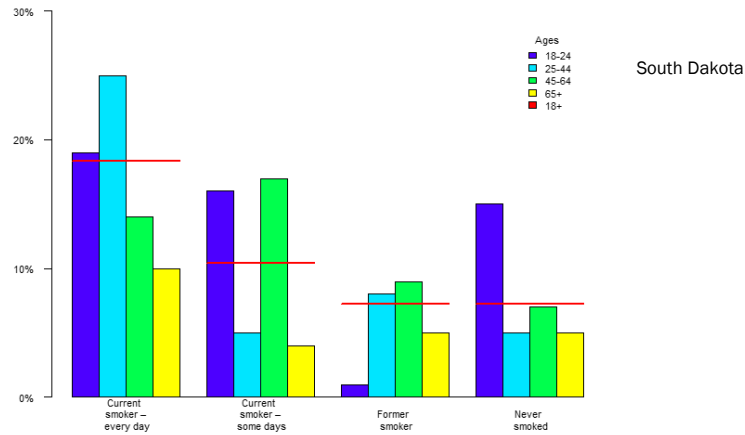
Smokers report poor mental health more often

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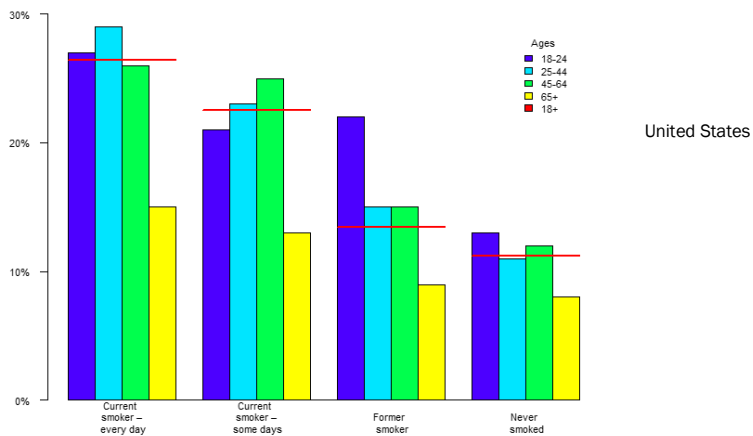
Smokers report more stress, depression and problems with emotion

Smokers report a higher rate of poor mental health including stress, depression and problems with emotions, than nonsmokers. For this report, mental health issues will be characterized by reporting poor mental health on more than 7 of the past 30 days. South Dakota smokers reported having mental issues at a rate of 18.3% compared to 26.4% nationwide. The proportion for those who have never smoked had issues at a rate of 7.2% in SD and 11.2% in US. This shows a difference of 10.9% in SD and 15.2% nationwide.

Mental health issue reported by individuals in South Dakota, Comparing smoking habits and age, 2010 data



Mental health issues reported by individuals in United States, Comparing smoking habits and age, 2010 data



Source: BRFSS data, 2010 WEAT: Web Enabled Analysis Tool for the CDC's BRFSS. http://apps.nccd.cdc.gov/s_broker/broker_exe

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