

## Data Brief

# Adult Binge Drinking High in South Dakota and United States

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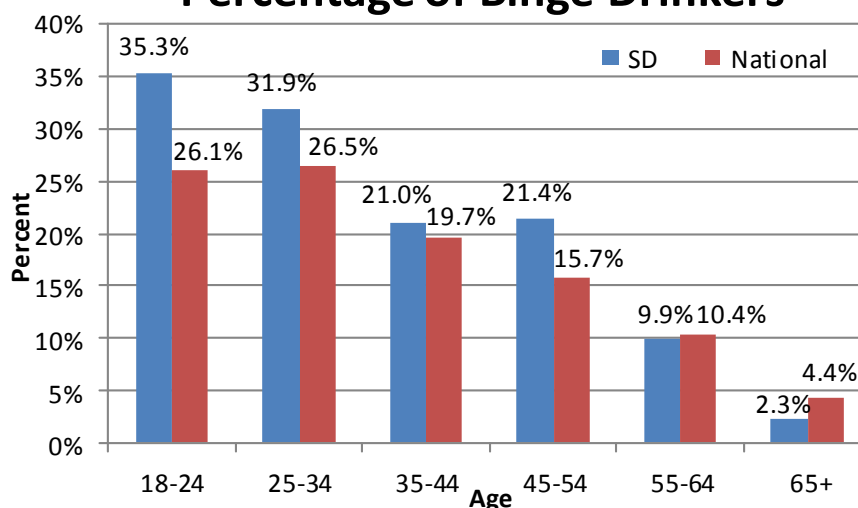
**During 2013, reported binge drinking rates are about 34% in SD and 26% in US before age 35**  
Adult binge drinking is higher in South Dakota (SD) than the US before age 54 according to the 2013 Behavioral Risk Factor Surveillance System. Adults 18-24 years of age reported binge drinking the most with SD 9.2% higher than the US. Adults 25-34 years old reported rates of 31.9% in SD and 26.5% in the US, with SD higher by 5.4%. The trend gradually declines for 35-44 year olds who report binge drinking at 21.0% in SD and 19.7% in the US, with SD higher by 1.3%. The trend increased for 45-54 year olds, with South Dakota 5.7% higher than the US. After age 54, the SD percentage becomes lower than the national average.

### Adult Binge Drinking in South Dakota and the United States, 2013

Based on alcoholic drinks consumed on at least one occasion in the past 30 days  
Female (4 or more drinks) Male (5 or more drinks)

Age:	South Dakota	United States
18-24	35.3%	26.1%
25-34	31.9%	26.5%
35-44	21.0%	19.7%
45-54	21.4%	15.7%
55-64	9.9%	10.4%
65+	2.3%	4.4%

### Percentage of Binge Drinkers



Source: "South Dakota 2013 Results." CDC-BRFSS. N.p., m.d. Web. 1 December 2014.

<http://apps.nccd.cdc.gov/brfss/age.asp?yr=2012&state=UB&qkey=8371&grp=0>

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